

# EAT. DRINK. SOCIALIZE.

## LAKESIDE CAFÉ

Monday – Friday  
Breakfast: 7:30 am – 9:00 am  
Lunch: 11:00 am – 1:30 pm  
**WEEK OF MARCH 31**



### WEEKLY BREAKFAST FEATURES

#### INCLUDES CHOICE OF SIDE

- DELUXE CRISPY CHICKEN BISCUIT** 5.50  
crispy pickled chicken, american cheese, roost sauce, southern style biscuit
- FIT ASPARAGUS MEDITERRANEAN STRATA (V)** 6.50  
bread and egg custard, asparagus, artichoke, dill, lemon, feta

**MON**

- EAT SLEEP BASEBALL: BIRD DOG** 11.00  
choice of cali style or buffalo blue chicken bird served pretzel bites and cheese dip includes 20oz soda or water
- GRAZE:** dhaba chicken tikka .51/oz
- SOUP:** broccoli and cheese or garden vegetables

**TUES**

- APRIL FOOLS DAY: THANKSGIVING TURKEY DINNER** 12.00  
herb roasted turkey breast with roasted rosemary fingerling potatoes, brussels sprouts with shallots, cranberry sauce, poultry gravy served with roll and a side of butter includes a 20oz soda or water. add slice of pie +2.95
- GRAZE:** dhaba chicken tikka .51/oz
- SOUP:** broccoli and cheese or chicken noodle

**WED**

- ISLAND EATS: SPICY JERK CHICKEN** 10.00  
spicy jerk served with rice and peas, red cabbage and mango slaw with sweet plantains. add coconut cream cake with mango +2.95
- GRAZE:** chana masala .51/oz
- SOUP:** broccoli and cheese or mediterranean stew

**THURS**

- NATIONAL BURRITO DAY: CARNE ASADA** 12.00  
carne asada burrito filled with spicy black beans and red rice smothered with queso blanco and served with house made chips and salsa roja.
- GRAZE:** chicken tikka .51/oz
- SOUP:** broccoli and cheese or curried lentil

**FRI**

- FISH AND CHIP SHOP: SEAFOOD PLATTER** 12.00  
guinness beer battered cod, golden fried shrimp, seasoned fries, coleslaw, classic tartar sauce and a lemon wedge
- GRAZE:** paneer tikka .51/oz
- SOUP:** broccoli and cheese or asopao de pollo (rice and chicken )

### GRILL FEATURES

#### AVAILABLE ALL WEEK

includes choice of side

- BAYOU BURNING LOVE BURGER** 8.40  
spicy beef, lettuce, tomato, jalapenos, pepper jack, chipotle mayo
- GREEN CHILI IMPOSSIBLE BURGER** 8.40  
plant-based burger, green chilis, bbq sauce, roasted garlic, and pico on vegan brioche

#### SWAP YOUR SIDE

FIT herbed side salad (VG)

#### \$6 'ALL IN' MEAL DEAL

choice of a cheeseburger, signature garden burger, or signature grilled chicken sandwich includes whole fruit, vegetable crudité, or bagged chips and 20oz soda or water

SOMETHING  
**DELICIOUS**  
AWAITS YOU

### DELI FEATURES

#### AVAILABLE ALL WEEK

includes choice of side

- ARTICHOKE AVOCADO CHICKEN WRAP** 8.00  
grilled chicken, avocado, tomato, lettuce, artichoke pepper jack, salsa
- FIT ABLT SANDWICH (V)** 8.00  
avocado, roasted beet, lettuce, tomato, vegan mayo on whole grain bread

#### SWAP YOUR SIDE

FIT herbed side salad (VG)

#### \$6 'ALL IN' MEAL DEAL

choice of garden hummus wrap, honey dijon ham sandwich, or turkey pesto mayo wrap includes whole fruit, vegetable crudité, or bagged chips and 20oz soda or water

**CONNECT  
WITH US**



eatatpg.com

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denotes registered dietitian pick